What are age-related cataracts?

As we age, our eye's lens keeps growing layers on its surface. Eventually the lens hardens and becomes less clear. Your vision grows dull, cloudy or blurry. This condition, known as an **age-related cataract**, is normal. Most people will develop a cataract at some point.

The lens might be only mildly cloudy, or only a small area of the lens may be affected. In that case, you may only have minor changes in your vision. But if the clouding is dense and affects the entire lens, your vision will be much more limited.

