

Contents

Introduction to the BCSC	xiii
Objectives	1
Introduction to Section 13	3
Common Abbreviations and Acronyms in Refractive Surgery.	3
1 The Science of Refractive Surgery.	7
Highlights	7
Introduction	7
Corneal Optics	8
Refractive Error: Optical Principles and Wavefront Analysis	9
Measurement of Wavefront Aberrations and Graphical Representations	10
Lower-Order Aberrations	12
Higher-Order Aberrations	13
Corneal Imaging for Keratorefractive Surgery.	15
Corneal Topography.	16
Corneal Tomography	22
Indications for Corneal Imaging in Refractive Surgery	22
Corneal Biomechanics.	23
Characteristics of the Stroma	23
Evaluation Methods	27
Changes in Corneal Biomechanics After Refractive Procedures	28
Corneal Effects of Keratorefractive Surgery.	29
Incisional Techniques	30
Tissue Addition or Subtraction Techniques	31
Alloplastic Material Addition Techniques.	31
Collagen Shrinkage Techniques	32
Laser Biophysics	32
Laser–Tissue Interactions.	32
Fundamentals of Excimer Laser Photoablation	33
Types of Photoablative Lasers	34
Corneal Wound Healing	36
Selected Complications	37
Drugs to Modulate Wound Healing	37
Emerging Technologies	38
Ocular Light Scatter Evaluation	38
Corneal Epithelial Mapping.	38

2	Patient Evaluation	41
	Highlights	41
	Aspects of Patient Evaluation	41
	Patient Expectations	42
	Social History	43
	Medical History	43
	Ocular History	44
	Patient Age, Presbyopia, and Monovision	45
	Examination	46
	Uncorrected Visual Acuity, Manifest Refraction, and Cycloplegic Refraction	46
	Pupillary Examination	47
	Ocular Motility and Confrontation Visual Fields	48
	Intraocular Pressure	48
	Slit-Lamp Examination	48
	Dilated Fundus Examination	51
	Ancillary Tests	51
	Corneal Topography	51
	Pachymetry	52
	Wavefront Analysis	53
	Patient Selection for Photoablation	53
	Special Considerations for Surface Ablation	53
	Special Considerations for LASIK	55
	Discussion of Findings and Informed Consent	59
	Emerging Technologies	60
3	Incisional Corneal Surgery	63
	Highlights	63
	Current Role of Incisional Procedures	63
	Radial Keratotomy for Myopia	63
	Postoperative Effects of Radial Keratotomy	64
	Ocular Surgery After Radial Keratotomy	66
	Arcuate Keratotomy and Limbal Relaxing Incisions for Astigmatism	67
	The Coupling Principle	68
	Surgical Considerations and Techniques	69
	Ocular Surgery and Arcuate Keratotomy or Limbal Relaxing Incisions	73
4	Photoablation: Techniques and Outcomes	75
	Highlights	75
	Excimer Laser	75
	Fundamentals	75
	Role of the Excimer Laser in Keratorefractive Surgery	78
	Surface Ablation	78
	LASIK	78

Wavefront-Guided, Wavefront-Optimized, and Topography-Guided Ablations	79
Surgical Techniques for Photoablation	80
Laser Calibration, Preoperative Planning, and Laser Programming.	80
Preoperative Patient Preparation	81
Preparation of the Bowman Layer or Stromal Bed for Ablation	82
Application of Laser Treatment	90
Immediate Postablation Measures	91
Postoperative Care	94
Refractive Outcomes	95
Outcomes for Myopia	95
Outcomes for Hyperopia	96
Wavefront-Guided, Wavefront-Optimized, and Topography-Guided Treatment Outcomes	97
Re-treatment.	97
Techniques for Re-treatment	98
Emerging Technologies	100

5 Photoablation: Complications and Adverse Effects 101

Highlights	101
General Complications Related to Laser Ablation	101
Overcorrection	101
Undercorrection	102
Dry Eye	102
Optical Aberrations	103
Central Islands	104
Decentered Ablations	104
Corticosteroid-Induced Complications.	105
Central Toxic Keratopathy	106
Infectious Keratitis	106
Complications Unique to Surface Ablation	108
Persistent Epithelial Defects	108
Sterile Infiltrates	108
Corneal Haze.	109
Complications Unique to LASIK	110
Microkeratome Complications	110
Epithelial Sloughing or Defects	112
Flap Striae	113
Traumatic Flap Dislocation	115
LASIK Interface Complications	115
Complications Related to Femtosecond Laser-Assisted LASIK Flaps	122
Ectasia	123
Rare Complications	124

6	Femtosecond Lenticule Extraction	125
	Highlights	125
	Refractive Lenticule Extraction	125
	Indications and Preoperative Evaluation	126
	Advantages of SMILE	127
	Disadvantages of SMILE	127
	Surgical Technique	127
	Outcomes	128
	Complications	130
	Re-treatment After SMILE	131
	Emerging Technologies	132
7	Refractive Surgery in Ocular and Systemic Disease	133
	Highlights	133
	Introduction	133
	Ocular Conditions	134
	Ocular Surface Disease.	134
	Herpes Simplex and Herpes Zoster Virus Infection	136
	Keratoconus	137
	Corneal Dystrophies.	140
	Post–Penetrating Keratoplasty	140
	Ocular Hypertension and Glaucoma	141
	Retinal Disease	143
	Amblyopia and Strabismus in Adults and Children	145
	Systemic Conditions	148
	Human Immunodeficiency Virus Infection	148
	Diabetes Mellitus	149
	Connective Tissue and Autoimmune Diseases.	151
8	Considerations After Refractive Surgery.	153
	Highlights	153
	Introduction	153
	Intraocular Lens Calculations After Refractive Surgery.	153
	Eyes With Known Pre– and Post–Refractive Surgery Data	155
	Eyes Without Preoperative Information	156
	The ASCRS Online Post-Refractive Intraocular Lens Power Calculator.	156
	Retinal Detachment Repair After Laser Vision Correction	156
	Corneal Transplantation After Refractive Surgery	158
	Contact Lens Use After Refractive Surgery	159
	Indications	159
	Contact Lenses After Radial Keratotomy	159
	Contact Lenses After Surface Ablation and LASIK.	160
	Glaucoma After Refractive Surgery	160

9	Intraocular Refractive Surgery	163
	Highlights	163
	Intraocular Refractive Procedures	163
	Phakic Intraocular Lenses	164
	Background	164
	Advantages	164
	Disadvantages	164
	Patient Selection	166
	Surgical Technique	167
	Outcomes	170
	Complications	171
	Refractive Lens Exchange	173
	Advantages	173
	Disadvantages	173
	Patient Selection	173
	Surgical Planning and Technique	175
	Intraocular Lens Power Calculations in Refractive Lens Exchange	176
	Complications	177
	Monofocal Intraocular Lenses	177
	Toric Intraocular Lenses	177
	Patient Selection	177
	Planning and Surgical Technique	177
	Outcomes	178
	Complications Specific to Toric Intraocular Lenses	179
	Light-Adjustable Intraocular Lenses	179
	Accommodating Intraocular Lenses	181
	Multifocal and Extended Depth of Focus Intraocular Lenses	181
	Patient Selection	181
	Surgical Technique	183
	Adverse Effects, Complications, and Patient Dissatisfaction With Multifocal Intraocular Lenses	183
	Bioptics	184
	Emerging Technologies	185
10	Accommodative and Nonaccommodative Treatment of Presbyopia	187
	Highlights	187
	Introduction	187
	Theories of Accommodation	188
	Accommodative Treatment of Presbyopia	190
	Scleral Surgery	190
	Accommodating Intraocular Lenses	190
	Nonaccommodative Treatment of Presbyopia	191
	Monovision	191
	Conductive Keratoplasty	193

Multifocal and Extended Depth of Focus Intraocular Lenses	194
Multifocal Corneal Ablations	197
Corneal Inlays	198
Homoplastic Corneal Inlays	199
Alloplastic Corneal Inlays	199
Emerging Technologies	201
Medical Treatment of Presbyopia	201
Intraocular Lenses in Development	201
Additional Materials and Resources	205
Requesting Continuing Medical Education Credit.	207
Study Questions	209
Answers.	217
Index	225