Contents

Introduction to the BCSC ........................................... xv
Introduction to Section 8 ........................................ xvii

Objectives ............................................................. 1

1 Structure and Function of the External Eye and Cornea .................................................. 3
   Highlights ......................................................... 3
   Eyelids ............................................................ 3
   Lacrimal Functional Unit ..................................... 5
   Tear Film ........................................................ 6
   Conjunctiva ...................................................... 7
   Sclera ............................................................. 8
   Cornea ............................................................ 8
      Zones of the Cornea ....................................... 9
      Corneal Epithelium ....................................... 10
      Bowman Layer ............................................. 10
      Corneal Stroma ........................................... 11
      Descemet Membrane .................................... 12
      Corneal Endothelium .................................... 13
   Limbus ........................................................... 14
   Defense Mechanisms of the External Eye and Cornea ................................................... 14

2 The Approach, Techniques, and Devices for Examination of the External Eye and Cornea .......... 19
   Highlights ......................................................... 19
   External Eye Exam ............................................. 19
      General Appearance ....................................... 19
      The Eyelids ................................................ 20
      Corneal Sensation ........................................ 20
   Slit-Lamp Biomicroscopy .................................... 21
      Illumination Techniques .................................. 22
      Clinical Use ............................................... 26
   Ocular Surface Staining and Evaluation of Tear Function .............................................. 26
      Ocular Surface Staining .................................. 27
      Evaluation of Tear Production .......................... 30
   Evaluation of Corneal Contour ................................ 32
      Keratometry ............................................... 32
      Keratometry ............................................... 33
      Corneal Topography ..................................... 33
      Corneal Tomography ..................................... 36
<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Corneal Biomechanics</td>
<td>40</td>
</tr>
<tr>
<td>Corneal Resistance Factor</td>
<td>40</td>
</tr>
<tr>
<td>Newer Technologies</td>
<td>40</td>
</tr>
<tr>
<td>Endothelial Appearance and Function</td>
<td>40</td>
</tr>
<tr>
<td>Specular Microscopy</td>
<td>40</td>
</tr>
<tr>
<td>Pachymetry</td>
<td>41</td>
</tr>
<tr>
<td>Other Imaging Modalities</td>
<td>42</td>
</tr>
<tr>
<td>Confocal Microscopy</td>
<td>42</td>
</tr>
<tr>
<td>Anterior Segment Optical Coherence Tomography</td>
<td>44</td>
</tr>
<tr>
<td>Ultrasound Biomicroscopy</td>
<td>45</td>
</tr>
<tr>
<td>Clinical Approach to Ocular Surface Disease</td>
<td>47</td>
</tr>
<tr>
<td>Highlights</td>
<td>47</td>
</tr>
<tr>
<td>Common Clinical Findings in Ocular Surface Disease</td>
<td>47</td>
</tr>
<tr>
<td>Conjunctival Signs of Inflammation</td>
<td>47</td>
</tr>
<tr>
<td>Corneal Signs of Inflammation</td>
<td>52</td>
</tr>
<tr>
<td>Clinical Approach to Dry Eye.</td>
<td>54</td>
</tr>
<tr>
<td>Mechanisms of Dry Eye</td>
<td>57</td>
</tr>
<tr>
<td>Aqueous Tear Deficiency</td>
<td>59</td>
</tr>
<tr>
<td>Evaporative Dry Eye</td>
<td>63</td>
</tr>
<tr>
<td>Treatment of Dry Eye</td>
<td>66</td>
</tr>
<tr>
<td>Eyelid Conditions Associated With Ocular Surface Disease</td>
<td>76</td>
</tr>
<tr>
<td>Rosacea</td>
<td>76</td>
</tr>
<tr>
<td>Seborrhoeic Blepharitis</td>
<td>78</td>
</tr>
<tr>
<td>Staphylococcal Blepharitis</td>
<td>80</td>
</tr>
<tr>
<td>Staphylococcal Blepharoconjunctivitis</td>
<td>81</td>
</tr>
<tr>
<td>Marginal Keratitis</td>
<td>82</td>
</tr>
<tr>
<td>Phlyctenular Keratoconjunctivitis (Phlycufenolosis)</td>
<td>83</td>
</tr>
<tr>
<td>Hordeola and Chalazia</td>
<td>84</td>
</tr>
<tr>
<td>Eyelid, Conjunctival, and Corneal Conditions Associated With Ocular Surface Disorders</td>
<td>87</td>
</tr>
<tr>
<td>Highlights</td>
<td>87</td>
</tr>
<tr>
<td>Introduction</td>
<td>87</td>
</tr>
<tr>
<td>Eyelid Disease</td>
<td>88</td>
</tr>
<tr>
<td>Floppy Eyelid Syndrome</td>
<td>88</td>
</tr>
<tr>
<td>Distichiasis and Trichiasian</td>
<td>89</td>
</tr>
<tr>
<td>Conjunctival Disease</td>
<td>90</td>
</tr>
<tr>
<td>Superior Limbic Keratoconjunctivitis</td>
<td>90</td>
</tr>
<tr>
<td>Conjunctivochalasis</td>
<td>92</td>
</tr>
<tr>
<td>Surface Disorders of the Cornea</td>
<td>93</td>
</tr>
<tr>
<td>Exposure Keratopathy</td>
<td>93</td>
</tr>
<tr>
<td>Neurotrophic Keratopathy</td>
<td>94</td>
</tr>
<tr>
<td>Recurrent Corneal Erosion</td>
<td>97</td>
</tr>
<tr>
<td>Dellen</td>
<td>100</td>
</tr>
<tr>
<td>Limbal Stem Cell Deficiency</td>
<td>100</td>
</tr>
</tbody>
</table>
Toxic Corneal Epithelial Cell Reactions to Topical Ophthalmic Medications ................................................................. 102
Self-Induced Ocular Surface Disorders ......................................................... 105

5 Therapeutic Interventions for Ocular Surface Disorders .................. 107
Highlights .............................................................................................. 107
Introduction ........................................................................................... 107
Conjunctival Interventions for Ocular Surface Disorders ......................... 107
  Pterygium Excision ............................................................................ 107
  Autologous Conjunctival Transplantation ............................................. 114
Conjunctival Flap for Corneal Disease ...................................................... 114
Conjunctival Biopsy ............................................................................. 118
Treatment of Conjunctivochalasis ............................................................. 119
Limbal Stem Cell Transplantation ............................................................. 120
Mucous Membrane Grafts ..................................................................... 123
Corneal Interventions for Ocular Surface Disorders .............................. 125
  Superficial Keratectomy and Corneal Biopsy ......................................... 125
  Surgical Management of Recurrent Corneal Erosion ....................... 126
  Management of Persistent Corneal Epithelial Defects, Thinning, and Perforation ................................................................................. 128
Tarsorrhaphy ......................................................................................... 132
Corneal Tattooing ................................................................................ 134

6 Congenital Anomalies of the Cornea and Sclera .............................. 137
Highlights .............................................................................................. 137
Developmental Anomalies of the Anterior Segment ............................. 137
  Anomalies of Size and Shape of the Cornea ........................................ 137
Corneal Dystrophies ............................................................................. 145
Developmental Anomalies of the Cornea and Associated Anterior Segment Structures .............................................................. 145
Secondary Abnormalities Affecting the Infant Cornea ......................... 151
  Intrauterine Keratitis: Bacterial and Syphilitic .................................... 151
Congenital Corneal Keloid .................................................................... 152
Limbal Dermoid .................................................................................. 152
Congenital Corneal Anesthesia ............................................................... 153
Congenital Glaucoma .......................................................................... 154
Birth Trauma ...................................................................................... 154
Metabolic Disorders ............................................................................ 155

7 Clinical Approach to Degenerations and Depositions of the Conjunctiva, Cornea, and Sclera ................................................. 157
Highlights .............................................................................................. 157
Degenerations and Depositions of the Conjunctiva ............................... 157
  Age-Related Changes ....................................................................... 157
Pinguecula ............................................................................................ 158
Pterygium .............................................................................................. 158
11 Infectious Diseases of the Cornea and External Eye: Viral Infections

Highlights ................................................. 281
Virology .................................................. 281
DNA Viruses: Herpesviruses ..................... 284
Herpes Simplex Virus Eye Diseases .......... 284
Varicella-Zoster Virus Dermatoblepharitis, Conjunctivitis, and Keratitis .......... 298
Epstein-Barr Virus Dacryoadenitis, Conjunctivitis, and Keratitis .............. 303
Cytomegalovirus Keratitis and Anterior Uveitis ......................... 304
Other DNA Viruses .................................. 306
Adenoviruses .......................................... 306
Poxviruses ............................................. 310
Papillomaviruses ....................................... 312
RNA Viruses ........................................... 313
Coronaviruses ......................................... 313
Paramyxoviruses ....................................... 314
Picornaviruses ........................................... 315
Retroviruses ............................................. 315
Rhabdoviruses .......................................... 315

12 Infectious Diseases of the Cornea and External Eye: Bacterial, Fungal, and Parasitic Infections

Highlights ................................................. 317
Normal Ocular Flora ..................................... 317
Pathogenesis of Ocular Infections ................... 318
Diagnostic Laboratory Techniques ............... 320
Specimen Collection .................................... 321
Infections of the Eyelid Margin and Conjunctiva ................. 322
Staphylococcal Blepharitis ......................... 322
Fungal and Parasitic Infections of the Eyelid Margin ................. 322
Bacterial Conjunctivitis in Children and Adults .......... 323
Parinaud Oculoglandular Syndrome ............. 333
Infections of the Cornea and Sclera .................... 334
Bacterial Keratitis ...................................... 334
Fungal Keratitis ....................................... 341
Corneal Stromal Inflammation Associated With Systemic Infection ........ 347
13 Diagnosis and Management of Immune-Related Disorders of the Cornea and External Eye 353

Highlights 353
Definition 353
Immune-Mediated Diseases of the Eyelid 354
- Contact Dermatoblepharitis 354
- Atopic Dermatitis 355
Immune-Mediated Disorders of the Conjunctiva 356
- Seasonal Allergic Conjunctivitis and Perennial
  - Allergic Conjunctivitis 356
  - Vernal Keratoconjunctivitis 358
  - Atopic Keratoconjunctivitis 361
  - Ligneous Conjunctivitis 364
- Stevens-Johnson Syndrome, Stevens-Johnson Syndrome/Toxic Epidermal Necrolysis Overlap, and Toxic Epidermal Necrolysis 365
- Mucous Membrane Pemphigoid 368
- Ocular Graft-vs-Host Disease 374
- Conjunctivitis/Episcleritis Associated With Reactive Arthritis 375
Immune-Mediated Diseases of the Cornea 376
- Thygeson Superficial Punctate Keratitis 376
- Interstitial Keratitis Associated With Infectious Diseases 377
- Cogan Syndrome 379
- Marginal Keratitis 380
- Peripheral Ulcerative Keratitis Associated With Systemic Immune-Mediated Diseases 382
- Mooren Ulcer 385
Immune-Mediated Diseases of the Episclera and Sclera 387
- Episcleritis 387
- Scleritis 388

14 Clinical Approach to Neoplastic Disorders of the Conjunctiva and Cornea 395

Highlights 395
Introduction 395
Approach to the Patient With a Neoplastic Ocular Surface Lesion 396
Management of Patients With Ocular Surface Tumors 397
- Observation 397
- Surgery 397
- Topical Chemotherapy 398
- Other Treatment Options 399
- Treatment Follow-Up 400
Tumors of Epithelial Origin 400
- Benign Epithelial Tumors 400
- Ocular Surface Squamous Neoplasia 402
# Contents

Glandular Tumors of the Conjunctiva ........................................ 407  
  Oncocytoma ............................................................. 407  
  Sebaceous Carcinoma .................................................... 407  
Tumors of Neuroectodermal Origin .......................................... 408  
  Benign Pigmented Lesions ............................................... 409  
  Preinvasive Pigmented Lesions ......................................... 412  
  Malignant Pigmented Lesions .......................................... 414  
  Neurogenic and Smooth-Muscle Tumors ............................... 416  
Vascular and Mesenchymal Tumors ......................................... 416  
  Benign Tumors ........................................................... 416  
  Malignant Tumors ....................................................... 418  
Lymphocytic Tumors .......................................................... 419  
  Lymphoid Hyperplasia .................................................... 419  
  Lymphoma ................................................................. 420  
Metastatic Tumors ............................................................ 421  

## 15 Clinical Aspects of Toxic and Traumatic Injuries of the Anterior Segment ......................................................... 423  
Highlights ................................................................. 423  
Chemical Injuries ........................................................... 423  
  Alkali Burns ............................................................... 424  
  Acid Burns ................................................................. 425  
  Management ............................................................... 429  
Thermal and Radiation Injuries ............................................. 432  
  Thermal Burns ............................................................ 432  
  Ultraviolet Radiation ..................................................... 433  
  Ionizing Radiation ........................................................ 434  
Injuries Caused by Animal and Plant Substances ....................... 435  
  Insect and Arachnid Injuries .......................................... 435  
  Plant Injuries ............................................................ 436  
Blunt Trauma ................................................................. 436  
  Subconjunctival Hemorrhage .......................................... 436  
  Corneal Involvement ..................................................... 437  
  Traumatic Anterior Uveitis ............................................ 439  
  Traumatic Mydriasis and Miosis ...................................... 439  
  Iridodialysis and Cyclodialysis ....................................... 440  
  Traumatic Hyphema ...................................................... 440  
Penetrating and Perforating Ocular Trauma ............................ 446  
  Conjunctival Laceration ................................................ 446  
  Conjunctival Foreign Bodies .......................................... 447  
  Corneal Foreign Bodies ................................................ 448  
Evaluation and Management of Perforating Ocular Trauma ........ 450  
  Evaluation ................................................................. 450  
  Nonsurgical Management ............................................... 451  
  Surgical Management .................................................... 452
Clinical Approach to Corneal Transplantation .......................... 463

Highlights ................................................................. 463
Corneal Transplantation .............................................. 463
  Corneal Transplant Procedures and Trends .................. 465
Keratoplasty and Eye Banking ....................................... 465
  Tissue Processing and Preservation ........................... 465
  Donor-Cornea Selection ......................................... 467
Transplantation for the Treatment of Corneal Disease ......... 469
Preoperative Evaluation and Preparation of the Transplant Patient ...... 470
Penetrating Keratoplasty ............................................. 472
  Intraoperative Complications .................................. 476
  Postoperative Care and Complications ....................... 476
Control of Postoperative Corneal Astigmatism and Refractive Error .................................................. 485
Lamellar Keratoplasty .................................................. 488
  Anterior Lamellar Keratoplasty and Deep Anterior
    Lamellar Keratoplasty ........................................ 488
    Complications .................................................. 490
Endothelial Keratoplasty ............................................. 491
  Advantages ......................................................... 495
  Disadvantages ..................................................... 495
  Intraoperative Complications ................................ 496
  Postoperative Care and Complications ....................... 497
  Emerging Methods for Treatment of Endothelial Dysfunction .... 506
Pediatric Corneal Transplantation .................................. 507
Corneal Autograft Procedures ..................................... 509
Keratoprosthesis ...................................................... 510

Additional Materials and Resources .................................. 513
Requesting Continuing Medical Education Credit .................. 515
Study Questions .......................................................... 517
Answers ................................................................. 525
Index ................................................................. 533