

Contents

Introduction to the BCSC	xxi
Objectives	1
1 The Pediatric Eye Evaluation	3
Highlights	3
General Considerations	3
Examination: Specific Elements.	5
Vision Assessment	5
Dynamic Retinoscopy	10
Visual Field Testing	11
Pupil Testing	11
Brückner Test.	11
Anterior Segment Examination	12
Intraocular Pressure Measurement	12
Cycloplegic Refraction	12
Fundus Examination	13
Inpatient Examination of Children at the Bedside	14
PART I Strabismus	15
2 Anatomy of the Extraocular Muscles	17
Highlights	17
Origin, Course, Insertion, and Innervation of the Extraocular Muscles	17
Horizontal and Vertical Rectus Muscles	18
Oblique Muscles	18
Levator Palpebrae Superioris Muscle.	21
Relationship of the Rectus Muscle Insertions	21
Innervation of Extraocular Muscles	21
Orbital and Fascial Relationships	22
Surgical Considerations	22
Adipose Tissue	22
Muscle Cone	22
Muscle Capsule	23
The Tenon Capsule and Intermuscular Septum	24
The Pulley System.	26
Other Connective Tissue Attachments of Rectus Muscles	26
Blood Supply of the Extraocular Muscles.	27
Arterial System	27
Venous System	28

Structure of the Extraocular Muscles	28
Compartmentalization of Extraocular Muscles	29
3 Motor Physiology	31
Highlights	31
Basic Principles and Terms.	31
Ocular Rotations	31
Positions of Gaze	31
Extraocular Muscle Action	32
Eye Movements.	33
Motor Units	33
Monocular Eye Movements.	33
Binocular Eye Movements	39
Supranuclear Control Systems for Eye Movement	41
4 Sensory Physiology and Pathology	43
Highlights	43
The Physiology of Normal Binocular Vision	43
Retinal Correspondence	43
Fusion	45
Selected Aspects of the Neurophysiology of Vision	46
Visual Development	47
Effects of Abnormal Visual Experience on the Retinogeniculocortical Pathway	47
Abnormalities of Binocular Vision	50
Visual Confusion and Retinal Rivalry	50
Diplopia	50
Sensory Adaptations in Strabismus	51
Suppression	51
Anomalous Retinal Correspondence.	52
Monofixation Syndrome	54
5 Amblyopia	55
Highlights	55
Introduction	55
Epidemiology	55
Pathophysiology	56
Functional Considerations	56
Classification.	56
Strabismic Amblyopia	56
Refractive Amblyopia	57
Visual Deprivation Amblyopia	58
Detection and Screening.	59
Evaluation	59
Treatment	60
Cataract Removal	60
Refractive Correction	60
Occlusion Therapy	61

Pharmacologic or Optical Treatment.	62
Binocular Treatment.	62
Complications and Challenges of Therapy	63
6 Diagnostic Evaluation of Strabismus and Torticollis	65
Highlights	65
Obtaining a History in Cases of Strabismus or Torticollis.	65
Assessment of Ocular Alignment	66
Diagnostic Positions of Gaze	66
Cover Tests.	67
Corneal Light Reflex Tests	70
Subjective Tests of Ocular Alignment	71
Assessment of Eye Movements	75
Ocular Rotations	75
Convergence	75
Fusional Vergence.	76
Forced Duction, Active Force Generation, and Saccadic Velocity.	77
The 3-Step Test.	77
Tests of Sensory Adaptation and Binocular Function.	79
The Red-Glass (Diplopia) Test	79
Bagolini Lenses	80
The 4Δ Base-Out Prism Test	82
The Afterimage Test	83
Amblyoscope Testing	83
The Worth 4-Dot Test	83
Stereoacuity Tests	85
Assessment of the Field of Single Binocular Vision.	85
The Prism Adaptation Test	86
Torticollis: Differential Diagnosis and Evaluation	86
Ocular Torticollis	86
7 Esodeviations	89
Highlights	89
Introduction	89
Epidemiology	89
Pseudoesotropia	90
Accommodative Esotropia	92
Pathogenesis and Types of Accommodative Esotropia	93
Evaluation	93
Management	94
Partially Accommodative Esotropia	95
Infantile (Congenital) Esotropia	96
Pathogenesis	96
Clinical Features and Evaluation	97
Management	98
Acquired Nonaccommodative Esotropia	99
Basic Acquired Nonaccommodative Esotropia	99
Cyclic Esotropia.	100

Sensory Esotropia	100
Divergence Insufficiency	100
Spasm of the Near Reflex	101
Consecutive Esotropia	101
Incomitant Esotropia	102
Cranial Nerve VI Palsy	102
Other Forms of Incomitant Esotropia	103
Nystagmus and Esotropia	103
8 Exodeviations	105
Highlights	105
Introduction	105
Pseudoexotropia	105
Exophoria	105
Intermittent Exotropia	106
Clinical Characteristics	106
Evaluation	107
Classification	108
Treatment	108
Constant Exotropia	110
Infantile Exotropia	111
Sensory Exotropia	111
Consecutive Exotropia	112
Other Forms of Exotropia	112
Exotropic Duane Syndrome	112
Neuromuscular Abnormalities	112
Dissociated Horizontal Deviation	112
Convergence Paralysis	113
9 Pattern Strabismus	115
Highlights	115
Introduction	115
Etiology	115
Clinical Features and Identification of Pattern Strabismus	117
V Pattern	117
A Pattern	118
Y Pattern	118
X Pattern	118
λ Pattern	118
Management	118
Surgical Correction of Pattern Deviations: General Principles	118
Surgical Treatment of Specific Patterns	120
10 Vertical Deviations	123
Highlights	123
Introduction	123
A Clinical Approach to Vertical Deviations	123

Vertical Deviations With Marked Horizontal Incomitance	124
Overelevation and Overdepression in Adduction	124
Superior Oblique Muscle Palsy	127
Brown Syndrome	133
Inferior Oblique Muscle Palsy.	133
Skew Deviation	134
Other Conditions With Incomitant Vertical Deviations.	134
Vertical Deviations With Horizontal Comitance	134
Monocular Elevation Deficiency	135
Orbital Floor Fractures.	136
Other Conditions With Comitant Vertical Deviations	137
Dissociated Vertical Deviation	138
Clinical Features	138
Management	139

11 Special Motility Disorders 141

Highlights	141
Congenital Cranial Dysinnervation Disorders	141
Duane Syndrome	141
Congenital Fibrosis of the Extraocular Muscles	145
Möbius Syndrome.	146
Special Types of Strabismus With Congenital and	
Acquired Forms	147
Brown Syndrome	147
Cranial Nerve III Palsy.	148
Special Types of Acquired Strabismus	150
Thyroid Eye Disease	150
Myasthenia Gravis	152
Chronic Progressive External Ophthalmoplegia	153
Internuclear Ophthalmoplegia	153
Heavy Eye Syndrome	154
Sagging Eye Syndrome.	154
Strabismus Associated With Other Ocular Surgery	155
Other Special Motility Disorders	157
Ocular Motor Apraxia	157
Superior Oblique Myokymia	158

12 Childhood Nystagmus 159

Highlights	159
Introduction	159
General Features	159
Nomenclature	160
Types of Childhood Nystagmus.	160
Infantile Nystagmus Syndrome	160
Central Vestibular Instability Nystagmus	162
Fusion Maldevelopment Nystagmus Syndrome	162
Acquired Nystagmus	163

Nystagmus-Like Disorders	165
Induced Convergence-Retraction (Convergence-Retraction Nystagmus)	165
Saccadic Oscillations	165
Evaluation	165
History	165
Ocular Examination	166
Treatment	168
Prisms	168
Surgery	168

13 Surgery of the Extraocular Muscles 171

Highlights	171
Evaluation	171
Indications for Surgery	171
Planning Considerations.	172
Vision	172
General Considerations	172
Incomitance	173
Cyclovertical Strabismus	174
Prior Surgery	174
Consent for Strabismus Surgery	174
Surgical Techniques for the Extraocular Muscles and Tendons	175
Approaches to the Extraocular Muscles.	175
Rectus Muscle Weakening Procedures	175
Rectus Muscle Tightening Procedures	176
Rectus Muscle Surgery for Hypotropia and Hypertropia	177
Adjustable Sutures.	177
Oblique Muscle Weakening Procedures	177
Oblique Muscle Tightening Procedures	179
Rectus Muscle Transposition Procedures	180
Posterior Fixation	180
Anesthesia for Extraocular Muscle Surgery	180
Methods	180
Oculocardiac Reflex	181
Malignant Hyperthermia.	181
Postoperative Nausea and Vomiting	181
Complications of Strabismus Surgery	181
Lost and Slipped Muscles.	181
Pulled-in-Two Syndrome.	182
Perforation of the Sclera	182
Postoperative Infections	183
Anterior Segment Ischemia.	183
Delle	184
Pyogenic Granuloma and Foreign-Body Granuloma	184
Epithelial Cyst	184
Conjunctival Changes	185

Adherence Syndrome	186
Iatrogenic Brown Syndrome	186
Anti-Elevation Syndrome	186
Change in Eyelid Position	186
Refractive Changes	187
Diplopia	187
Unsatisfactory Alignment	188
Chemodenervation Using Botulinum Toxin	188
Pharmacology and Mechanism of Action	188
Indications, Techniques, and Results	189
Complications	189

PART II Pediatric Ophthalmology 191

14 Growth and Development of the Eye 193

Highlights	193
Normal Growth and Development	193
Dimensions of the Eye	193
Refractive State	194
Orbit and Ocular Adnexa	195
Cornea, Iris, Pupil, and Anterior Chamber	195
Intraocular Pressure	196
Extraocular Muscles	196
Retina	196
Abnormal Growth and Development	197

15 Decreased Vision in Infants 199

Highlights	199
Introduction	199
Visual Development in Young Infants	199
Classification of Visual Impairment in Infants and Children	200
Pregenitulate Visual Impairment	200
Cerebral Visual Impairment	200
Delayed Visual Maturation	201
Evaluation of the Infant With Decreased Vision	201

16 Eyelid Disorders 205

Highlights	205
Congenital Eyelid Disorders	205
Dystopia Canthorum	205
Cryptophthalmos	206
Ablepharon	206
Congenital Coloboma of the Eyelid	207
Ankyloblepharon	207
Congenital Ectropion	207
Congenital Entropion	208
Epiblepharon	208

Congenital Tarsal Kink	208
Distichiasis	209
Euryblepharon	209
Epicanthus	209
Palpebral Fissure Slants	209
Congenital Ptosis	210
Other Causes of Ptosis in Children	212
Infectious and Inflammatory Eyelid Disorders	212
Vascular Eyelid Disorders	212
Port-Wine Birthmark	212
Eyelid Hemangioma	213
Neoplasms and Other Noninflammatory Eyelid Lesions	213
Pilomatricoma	213
Epithelial Lesions	213
Eyelid Nevi	214
Other Eyelid Conditions	215
Trichotillomania	215
Excessive Blinking	215

17 Orbital Disorders 217

Highlights	217
Introduction	217
Abnormal Interocular Distance: Terminology and Associations	217
Congenital and Developmental Disorders:	
Craniofacial Malformations	218
Craniosynostosis	218
Nonsynostotic Craniofacial Conditions	224
Infectious and Inflammatory Conditions	227
Preseptal Cellulitis	227
Orbital Cellulitis	228
Childhood Orbital Inflammation	230
Neoplasms	231
Differential Diagnosis	231
Primary Malignant Neoplasms	232
Metastatic Tumors	233
Hematopoietic, Lymphoproliferative, and Histiocytic Neoplasms	233
Benign Tumors	234
Ectopic Tissue Masses	238
Cystic Lesions	238
Teratoma	241
Ectopic Lacrimal Gland	241

18 Lacrimal Drainage System Abnormalities 243

Highlights	243
Introduction	243
Congenital and Developmental Anomalies	243
Atresia of the Lacrimal Puncta or Canaliculi	243

Congenital Lacrimal Fistula	245
Dacryocystocele	245
Congenital Nasolacrimal Duct Obstruction	248
Clinical Features and Examination.	248
Nonsurgical Management	248
Surgical Management	249

19 External Diseases of the Eye 253

Highlights	253
Infectious Conjunctivitis.	253
Ophthalmia Neonatorum	254
Bacterial Conjunctivitis in Children and Adolescents.	256
Viral Conjunctivitis in Infants and Children	258
Dry Eye Disease	259
Inflammatory Disease	260
Blepharitis	260
Ocular Allergy	261
Stevens-Johnson Syndrome and Toxic Epidermal Necrolysis	265
Other Conjunctival and Subconjunctival Disorders	267
Papillomas	267
Conjunctival Epithelial Inclusion Cysts.	267
Conjunctival Nevi.	267
Ocular Melanocytosis	268
Ligneous Conjunctivitis	268

20 Disorders of the Anterior Segment 269

Highlights	269
Introduction	269
Congenital Abnormalities of Corneal Size or Shape	269
Megalocornea	269
Microcornea	270
Keratoglobus	270
Congenital Abnormalities of Peripheral Corneal Transparency	270
Posterior Embryotoxon	270
Cornea Plana	270
Epibulbar Dermoid	271
Dermolipoma	272
Congenital Abnormalities of Central and Diffuse Corneal Transparency	272
Congenital Hereditary Endothelial Dystrophy.	273
Posterior Polymorphous Corneal Dystrophy	273
Congenital Hereditary Stromal Dystrophy	275
Peters Anomaly	275
Sclerocornea	277
Congenital or Primary Congenital Glaucoma	277
Traumatic Breaks in Descemet Membrane	277
Corneal Ulcers	278
Management of Corneal Opacities.	278

Congenital and Developmental Anomalies of the Globe	280
Microphthalmia, Anophthalmia, and Coloboma.	280
Nanophthalmos.	280
Congenital and Developmental Anomalies of the Iris or Pupil	281
Persistent Pupillary Membrane	281
Iris Hypoplasia	281
Congenital Iris Ectropion	284
Dyscoria	284
Congenital Miosis.	284
Congenital Mydriasis	285
Corectopia	285
Polycoria and Pseudopolycoria	285
Acquired Corneal Conditions	285
Keratitis	285
Keratoconus	287
Systemic Diseases Affecting the Cornea or Iris	287
Metabolic Disorders Affecting the Cornea or Iris	287
Other Systemic Diseases Affecting the Cornea or Iris	288
Tumors of the Anterior Segment	289
Cornea	289
Iris	289
Ciliary Body	291
Miscellaneous Clinical Signs	292
Pediatric Iris Heterochromia	292
Anisocoria	292

21 Childhood Glaucomas 295

Highlights	295
Introduction	295
Classification and Natural History	295
Clinical Decisions in Childhood Glaucoma.	296
Initial Evaluation	296
Follow-Up Evaluation	301
Surgical Decisions in Childhood Glaucoma	303
Surgical Principles and General Considerations	303
Prognosis and Long-Term Follow-Up	307

22 Childhood Cataracts and Other Pediatric

Lens Disorders. 309

Highlights	309
Introduction	309
Pediatric Cataracts	309
General Features	309
Morphology	310
Evaluation of Pediatric Cataracts	311

Cataract Surgery in Pediatric Patients	313
Timing of the Procedure	313
Intraocular Lens Use in Children	314
Management of the Anterior Capsule	315
Lensectomy Without Intraocular Lens Implantation	315
Management of the Posterior Capsule	315
Lensectomy With Intraocular Lens Implantation	316
Postoperative Care	316
Complications After Pediatric Cataract Surgery	317
Visual Outcome After Cataract Extraction	317
Structural or Positional Lens Abnormalities	318
Congenital Aphakia	318
Spherophakia	318
Coloboma	318
Dislocated Lenses in Children	319
Isolated Ectopia Lentis	320
Ectopia Lentis et Pupillae	320
Marfan Syndrome	320
Homocystinuria	321
Weill-Marchesani Syndrome	322
Sulfite Oxidase Deficiency	323
Treatment	323

23 Optic Nerve Head Abnormalities 325

Highlights	325
Developmental Anomalies	325
Optic Nerve Hypoplasia	325
Morning Glory Disc Anomaly	327
Optic Nerve Coloboma	328
Optic Nerve Pit	329
Myelinated Retinal Nerve Fiber Layer	329
Tilted Optic Nerve Head	330
Bergmeister Papilla	330
Megalopapilla	330
Peripapillary Staphyloma	330
Optic Nerve Aplasia	331
Melanocytoma of the Optic Nerve Head	331
Optic Atrophy	331
Inherited Optic Atrophies	331
Optic Neuritis	333
Optic Neuritis and Myelin Oligodendrocyte Glycoprotein	334
Optic Neuritis and Neuromyelitis Optica Spectrum Disorders	334
Optic Neuritis and Multiple Sclerosis	334
Papilledema	335
Idiopathic Intracranial Hypertension	336
Pseudopapilledema	336
Optic Nerve Head Drusen	337

24	Disorders of the Retina and Vitreous	339
	Highlights	339
	Introduction	339
	Vascular Disorders of the Retina	339
	Persistent Fetal Vasculature	339
	Coats Disease.	340
	Retinopathy of Prematurity.	340
	Inherited Retinal Vascular Disorders.	349
	Retinopathy Associated With Hemoglobinopathies	351
	Selected Early-Onset Inherited Retinal Disorders	351
	Leber Congenital Amaurosis	352
	Achromatopsia	355
	Congenital Stationary Night Blindness	355
	Hereditary Macular Dystrophies	356
	Inherited Vitreoretinopathies.	359
	Toxic Retinopathies	360
	Infectious Diseases	361
	Human Immunodeficiency Virus	361
	Tumors	362
	Choroidal and Retinal Pigment Epithelial Lesions	362
	Retinoblastoma	364
	Miscellaneous Retinal Disorders	369
	Foveal Hypoplasia.	369
	Aicardi Syndrome.	370
25	Pediatric Uveitis	371
	Highlights	371
	Introduction	371
	Epidemiology	371
	Classification.	372
	Evaluation of Pediatric Uveitis	373
	Diagnostic Considerations	373
	Ophthalmic Imaging and Functional Testing	373
	Ancillary Laboratory Testing and Imaging	374
	General Approach to Treatment of Pediatric Uveitis	374
	Anterior Uveitis	377
	Noninfectious Anterior Uveitis	377
	Infectious Anterior Uveitis	381
	Intermediate Uveitis.	381
	Posterior Uveitis	382
	Toxoplasmosis	382
	Toxocariasis	382
	Other Causes of Posterior Uveitis	384
	Panuveitis	384
	Sarcoidosis	385
	Familial Juvenile Systemic Granulomatosis	386
	Vogt-Koyanagi-Harada Syndrome	386
	Other Causes of Panuveitis	386

Masquerade Syndromes	386
Psychosocial Concerns and Adherence	386
Surgical Treatment of Complications of Uveitis	388
26 Ocular Trauma in Childhood	391
Highlights	391
Introduction	391
Special Considerations in the Management of Pediatric Ocular Trauma	391
Closed Globe Injury.	392
Corneal Abrasion	392
Corneal Foreign Body	392
Thermal Injury	393
Chemical Injury	393
Blunt (Contusional) Injury	393
Open Globe Injury	394
Adnexal and Orbital Trauma	397
Orbital Fractures	397
Traumatic Optic Neuropathy	398
Nonaccidental Trauma	398
Abusive Head Trauma	399
Other Ocular Injury Secondary to Nonaccidental Trauma	402
27 Ocular Manifestations of Systemic Disease	403
Highlights	403
Introduction	403
Chromosomal Abnormalities.	403
Inborn Errors of Metabolism	403
Familial Oculorenal Syndromes.	411
Alport Syndrome	411
Ciliopathies	411
Neuro-Oculocutaneous Syndromes	412
Neurofibromatosis Type 1	413
Neurofibromatosis Type 2	418
Tuberous Sclerosis Complex	418
Retinocerebral Angiomatosis	421
Encephalofacial Angiomatosis	422
Ataxia-Telangiectasia	424
Incontinentia Pigmenti	425
Racemose Angioma	427
Klippel-Trénaunay-Weber Syndrome	428
Albinism	428
Ocular Features	428
Diabetes.	430
Intrauterine or Perinatal Infection.	430
Toxoplasmosis	431
Rubella	431
Cytomegalovirus	431

Herpes Simplex Virus 432
Syphilis 433
Lymphocytic Choriomeningitis 434
Zika Virus 434
Malignant Disease 434
 Leukemia 434
 Neuroblastoma 435

28 Pediatric Chronic Eye Care and Low Vision

Rehabilitation 439
Highlights 439
Pediatric Chronic Eye Care 439
Pediatric Low Vision Rehabilitation 440

Appendix: Strabismus Terminology 443
Additional Materials and Resources 447
Requesting Continuing Medical Education Credit 449
Study Questions 451
Answers 459
Index 465